

MY VOICE

Wednesday 9am - 3pm



We recognise that while we can provide information and support, there is a real need for people with disability to learn more about their rights, to be able to develop and practice their skills in self-advocacy and to create connections in the community that they live in.

The My Voice program provides a structure of learning, in a fun and accessible way, where participants can:

- Work in a group to plan an event that matches their interests and strengths.
- Develop their communication, social, negotiation and working relationships skills.
- Practice their leadership skills and connect with leaders in our local community.
- Increase their feeling of empowerment and ability to make and advocate for decisions that impact their lives.

The My Voice group are proud to have been involved in many Ballarat community projects and have hosted many Pinarc social events.



1800 746 272



alocoordinators@pinarc.org.au



pinarc.org.au