

# Lego Group

Our Lego Group aims to support children to develop their confidence participating in groups in a supportive and neurodiversity-affirming setting.

Participants will take on different building roles and work together to create a range of Lego creations. The structured build time allows for collaboration and problem-solving. Participants will also have a chance to get creative during free-build time. This unstructured build time allows for natural connections to develop.

## Skills to be developed within Lego Group include:

- <u>Affirming Social Skills</u> advocating for your own needs, recognising your strengths, understanding others' perspectives, problem solving with others, building natural social connections
- <u>Emotional & Sensory Regulation</u> exploring strategies to regulate emotions and sensory needs within a supportive environment
- <u>Perspective Taking</u> exploring others' perspectives, feelings, knowledge, and experiences which may influence their behaviour
- <u>Communication</u> explaining and describing things to others, giving instructions, following instructions from others, asking for help and clarification, giving help and clarification

# Who is this group suitable for?

- Children aged 8-12 years old who are interested in Lego.
- Children who would benefit from further language and emotional regulation support.
- Children who are interested in developing their confidence in group settings.

 Children who are interested in learning about Neurodiversity and how to advocate for themselves.

#### Dates:

Term 1 |  $8 \times 10^{th}$  x Tuesdays starting  $11^{th}$  of February –  $31^{st}$  March.

## **Program Times:**

4:00pm - 5:00pm

#### Venue:

1828 Sturt Street, Alfredton, 3350

#### **How Much Does it Cost?**

Up to \$1875 depending on group size. A report can be provided within this price or deducted from this amount.

# How do I register:

Please contact Amelia on 0493 766 355 or email aeverard@pinarc.org.au or Natalie on 0491 734 660 or email npawlus@pinarc.org.au

Please register by the 4<sup>th</sup> February to secure your place.

#### **Important Information:**

Parents are required to stay on site as parent education will occur during each week.

Please contact Amelia or Natalie to discuss any questions.