



Parent Support Program 2025

Providing free individual and group-based information and support to parent carers of children with disabilities. You do not have to be using any other Pinarc services or have an NDIS plan.

Individual support:

We provide information and support to individual parents and carers of children with disabilities. Parent/guardian carers can call or email requests for information or support.

Information:

Carers registered with the program receive monthly updates about upcoming events and activities for children with disabilities and their families.

Support Groups

We facilitate and support several parent support and social connection groups across the region.

Events

We run information sessions and workshops for carers. Through the Support for Carers program, we also run social activities for carers and families.

The Pinarc Parent Support Program is supported by the Victorian Government.

Current Groups Facilitated or Supported

- Bacchus Marsh Disability Parent Connection
- Ballarat Autism Early Years Connect
- Ballarat Autism Parent Connection
- Ballarat Down Syndrome Parent Connection Group
- Ballarat Parent Carer Connect
- Daylesford Parent Carer Connection
- SCODA - (Supporting Carers of Disabled Adults)

How Much Does it Cost?

Individual support is free of cost. Some group activities may involve a small fee for some sessions.

Meals may be at own cost.

How do I register:

For further information contact Rebecca Paton,
Parent Support Program Coordinator
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Email: rpaton@pinarc.org.au